

Lama Chopa\Long Life Puja Practise CD

1. V1 DE-CH'EN NGANG-LAI (REFUGE)
2. V3 NAMO GURUBHYA
3. V4 MA-SEM-CHAN KUN-GY'I
4. V5 MA-SEM-CHAN T'AM-CHAI
5. V7 OM AH HUNG NGO-WE YE-SHE-
6. V9 DE-TONG YER-ME LHA-LAM
7. V15 P'UN-TSOG DE-LEG JUNG-NAI
8. V18 G'ANG-G'I T'UG-JE DE-WA
9. V38 T'OG ME D'U-NAI MI-GE DIG
- 10 V41 IN THE EAST IS THE DAKINI
- 11 V42 IN THE SOUTH IS THE DAKINI
- 12 V43 IN THE WEST IS THE DAKINI
- 13 V44 IN THE NORTH IS THE DAKINI
- 14 V45 IN THE CENTRE IS THE DAKI
15. V46 LAMA NAM LA SOL WA DEB
16. V67 BODY RECEPTACLE
17. V68 SPEECH RECEPTACLE
18. V69 MIND RECEPTACLE
19. V70 OFFERING THE JACKET
20. V71 OFFERING UPPER GARMET
21. V72 OFFERING LOWER GARMET
22. V73 OFFERING THE HAT
23. V74 OFFERING THE CUSHION
24. V75 OFFERING FOOD RCPTCL
25. V76 OFFERING KHATVANGA
26. V77 OFFERING 7 PREC. ARTICLES
27. V78 OFFERING 8 AUSP. SYMBOLS
28. V79 OFFERING 8 AUSP. SUBSTNC
29. V80 OFFERING THE MIRROR
30. V81 OFFERING THE GIWANG
31. V82 OFFERING THE CURD
32. V83 OFFERING THE DURVA
33. V84 OFFERING THE BIRWA
34. V85 OFFERING THE CONCH
35. V86 OFFERING THE SINDHUR
36. V111 KY'O-NI LA-MA KY'O NYI
37. V111 YOU ARE OUR GURUS
38. V115 E-MA-HO YE-SHE ROL-
39. V122 HO TING-DZIN NGAG-D'ANG
40. V127 E-MA-HO TSGO-KYI K'OR
41. V129 HUM D'E-ZHIN SHEG-PA
42. V144 SI-ZHII NAM-KAR J'I NYE
43. LONG MANDALA SAMPLE (TIB)

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| <ol style="list-style-type: none">1. V1 DE-CH'EN NGANG-LAI (REFUGE)2. V3 NAMO GURUBHYA3. V4 MA-SEM-CHAN KUN-GY'I4. V5 MA-SEM-CHAN T'AM-CHAI5. V7 OM AH HUNG NGO-WE YE-SHE-6. V9 DE-TONG YER-ME LHA-LAM7. V15 P'UN-TSOG DE-LEG JUNG-NAI8. V18 G'ANG-G'I T'UG-JE DE-WA9. V38 T'OG ME D'U-NAI MI-GE DIG10 V41 IN THE EAST IS THE DAKINI11 V42 IN THE SOUTH IS THE DAKINI12 V43 IN THE WEST IS THE DAKINI13 V44 IN THE NORTH IS THE DAKINI14 V45 IN THE CENTRE IS THE DAKI15. V46 LAMA NAM LA SOL WA DEB16. V67 BODY RECEPTACLE17. V68 SPEECH RECEPTACLE18. V69 MIND RECEPTACLE19. V70 OFFERING THE JACKET20. V71 OFFERING UPPER GARMET21. V72 OFFERING LOWER GARMET22. V73 OFFERING THE HAT23. V74 OFFERING THE CUSHION | <ol style="list-style-type: none">24. V75 OFFERING FOOD RCPTCL25. V76 OFFERING KHATVANGA26. V77 OFFERING 7 PREC. ARTICLES27. V78 OFFERING 8 AUSP. SYMBOLS28. V79 OFFERING 8 AUSP. SUBSTNC29. V80 OFFERING THE MIRROR30. V81 OFFERING THE GIWANG31. V82 OFFERING THE CURD32. V83 OFFERING THE DURVA33. V84 OFFERING THE BIRWA34. V85 OFFERING THE CONCH35. V86 OFFERING THE SINDHUR36. V111 KY'O-NI LA-MA KY'O NYI37. V111 YOU ARE OUR GURUS38. V115 E-MA-HO YE-SHE ROL-39. V122 HO TING-DZIN NGAG-D'ANG40. V127 E-MA-HO TSGO-KYI K'OR41. V129 HUM D'E-ZHIN SHEG-PA42. V144 SI-ZHII NAM-KAR J'I NYE43. LONG MANDALA SAMPLE (TIB) |
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