

The Joyful Path of Good Fortune: Training the Mind in Tranquil Abiding

This is an outline summarizing the condensed meaning of the chapter “Training the Mind in Tranquil Abiding” in the book “The Joyful Path of Good Fortune” by Geshe Kelsang Gyatso (Tharpa Publications, 2nd rev. ed., 1995). It is a restructuring of a portion of the book's appendix “The Condensed Meaning of the Text.” The square brackets enclose the outline key (e.g. [4.1.2] would be the second part, of the first part, of the fourth part).

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